

UNVACCINATED* → When should I quarantine or isolate?

I am experiencing symptoms of COVID-19 **OR** I have tested positive for COVID-19 **OR** I was in close, prolonged contact with someone who tested positive for COVID-19 within the past 14 days. **WHAT DO I DO?**

I HAVE SYMPTOMS

Symptoms include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, body aches, new loss or taste of smell, sore throat, congestion/ runny nose, headache, nausea/vomiting, or diarrhea

ISOLATE at home

Do not attend classes or other on-campus activities.
Contact your healthcare provider for **immediate testing**.

If you do not have a healthcare provider you can contact a COVID-19 testing site in your state.

I WAS IN CLOSE, PROLONGED CONTACT BUT HAVE NO SYMPTOMS

Close, prolonged contact means you were within 6 feet of an infected person for total of 15 minutes or more during a 24 hour period

QUARANTINE

Stay home, stay away from others, and monitor your symptoms for **14 days**.
Get tested on day 3-5 of quarantine.

If you do not have a healthcare provider you can contact a COVID-19 testing site in your state.

YOU TEST POSITIVE

ISOLATE at home following guidance from physician and/or test results.

YOU TEST NEGATIVE

QUARANTINE and retest after 5 days. If still negative and if no symptoms develop, then leave quarantine on day 7. When you return, continue following on-campus safety protocols.

YOU TEST POSITIVE

ISOLATE at home following guidance from physician and/or test results.

YOU TEST NEGATIVE

You can leave quarantine on day 7 (of the 14 days).
When you return, continue following on-campus safety protocols.

***FULLY VACCINATED:** Vaccine recipients are "fully vaccinated" two weeks after they receive their second dose of the Moderna or Pfizer-BioNTech vaccine or two weeks after they receive the single-dose Johnson & Johnson (Janssen) vaccine.

ISOLATION: separates sick people with a contagious disease from people who are not sick.

QUARANTINE: separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. These people may have been exposed to a disease and do not know it, or they may have the disease but do not show symptoms.